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**Topic: - Music Education Can Help Children
In Many Ways In Their Social Life.**

Music Education Can Help Children In Many Ways In Their Social Life.

It seems these days, music education is being offered less and less in many school systems. Unfortunately, many schools have begun to exclude music from their curriculums to make room for other subjects.

Music is an extremely important subject for all children to learn and can lead to better brain development, increases in human connection, and even stress relief. As music is removed from schools, children will no longer receive these benefits unless they enroll in private lessons, which is much too expensive for some families to afford.

1) Music stimulates brain development in children.

Various studies have found that music with engagement with music can lead to an improvement in brain development in children. A study at North-western University found better neural processing in students who played a musical instrument when they were compared with students who simply listened to music. This study shows the importance of receiving music education, rather than simply turning on background music when students are doing work in other subjects. Other studies have also found increases in IQ points in children who engaged with music. When compared with students who didn't take any music lessons, musically-engaged students had more improvements in IQ subtests, index scores, and a standardized measure of academic achievement.

2) Music is a way to connect with other people.

Music education is also important because it will give students a way to connect with other people. Children are naturally very social, and it's important to encourage them to build relationships by providing them experiences to share with each other.

Creating a school band or small ensemble, or encouraging participation in a chorus will allow children to work together towards a final product (such as an end-of-year performance). This encourages bonding and will provide students with something to reminisce on together in the future.

It has been proven time and again that having people of all ages play or listen to music together will help to create bonds. Having an impromptu drumming circle or listening to and enjoying a piece of recorded music can connect people through sound, singing and even movement or dance. Musical Experiences such as these can bring back a fond memory or create new ones!

3) Music integrates many different subjects

Another reason music education is so important is that it integrates so many different subject areas all at once. Not only will music education allow children to develop their musical skills, it will also give them the opportunity to work on their math skills, reading and writing skills, science skills, and history knowledge. For example, time signatures in music are an excellent way to incorporate fractions and lyric analysis and song writing will allow students to work on their reading abilities.

Additionally, having discussions about how instruments work will involve information on the physics of sound, and learning about music's place in society will shine a light on important historical events. If teachers are concerned about their students' skills in other areas of learning, they will be able to incorporate them into a music class with ease.

4) Music teaches discipline.

Music will also teach children to develop time management skills and discipline. If students are expected to learn their instruments and practice outside of

school, then they will develop the ability to create a practice schedule and balance every other activity they have going on in their lives. Learning discipline and time management from a young age will have countless benefits on a child's future. For example, if a child develops discipline in elementary school, they will be much more able to balance the workload they'll receive in high school and excel in their classes.

Excelling in their high school classes may then allow a student to choose a reputable post-secondary institution that he or she would like to attend, which will lead to better job prospects as an adult.

5) Music can relieve stress.

Finally, music is an excellent way to relieve stress, which is significant for the students who may feel overwhelmed by schoolwork and try to balance extracurricular activities. Have found that music can reduce burnout and improve mood states. As students enter into the upper grades of the school system and begin considering applying for post-secondary schools, they might feel overwhelmed with the need to keep their grades high. Even young students can experience stress with the increasing amounts of homework school curriculums require. Some students may also have stressful home lives, and music will offer a way to escape from these situations.

In addition, you may consider Sound tracking your classroom to help relieve stress and anxiety for your students. Doing so can also help create a focused learning atmosphere.

Music has many benefits to people of all ages. It's important to know why so that we can continue to advocate for keeping music education in our schools!